

Infant, Toddler, Preschool Age – Child Health Exam Form

PARENTS/GUARDIAN COMPLETE PAGES 1 and 2 – Child Information

| | | |
|------------------------|-------------------|---|
| Child's name | Child's birthdate | Name of center, provider, or preschool |
| | | Telephone # |
| Parent 1 name | | Parent 2 name |
| Child home address #1 | | Telephone # 1 |
| Child home address #2 | | Telephone #2 |
| Where parent # 1 works | Work address | Home phone # Work # Pager # Cellular # Home email Work email |
| Where parent # 2 works | Work address | Home phone # Work # Pager # Cellular # Home email Work email |

In the event of an emergency, the child care provider is authorized to obtain EMERGENCY MEDICAL or DENTAL CARE even if the child care center is unable to immediately make contact with the parent/guardian. YES NO

During an emergency the child care provider is authorized to contact the following person when parent or guardian cannot be reached.

Parent/Guardian Signature: _____ Date _____

Alternate emergency contact person's name: _____ **Phone number:** _____

Relationship to child: _____ **Cellular number:** _____

| | | |
|-----------------------------------|-------------------------|--|
| Child's doctor's name | Doctor telephone # 1 | Hospital choice |
| Doctor's address | After hours telephone # | Does child have health insurance? <input type="checkbox"/> Yes, Company _____ ID # |
| Child's dentist's name | Dentist Telephone # 1 | Does child have dental insurance? <input type="checkbox"/> Yes, Company _____ ID# |
| Dentist's Address | After hours telephone # | <input type="checkbox"/> NO, we do not have health insurance. <input type="checkbox"/> NO, we do not have dental insurance. |
| Other health care specialist name | Telephone # | <input type="checkbox"/> Please help us find health or dental insurance. |
| Type of specialty | | |

Child Name: _____

PARENTS COMPLETE THIS PAGE

Parents: Tell us about your child's health. Place an **X** in the box if the sentence applies to your child. Check *all* that apply to your child. This will help your doctor plan your child's physical exam.

Growth

I am concerned about my child's growth.

Appetite

I am concerned about my child's eating / feeding habits or appetite.

Rest -

I am concerned about the amount of sleep my child needs.

Illness/Surgery/Injury - My child

had a serious illness, injury, or surgery.

Please describe.

Physical Activity - My child

must restrict physical activity.

Please describe.

Development and Learning

I am concerned about my child's behavior, development, or learning.

Please describe:

Medication - My child takes medication.

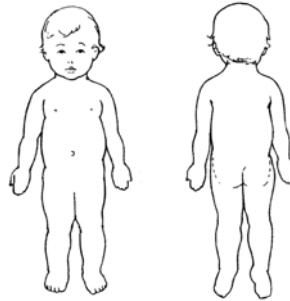
List the name, time medication taken, and the reason medication prescribed.

Child's Name: _____

Body Health - My child has problems with

Skin, birthmarks, Mongolian spots, hair, fingernails or toenails.

Map and describe color/shape of skin markings birthmarks, scars, moles



Eyes \ vision, glasses

Ears \ hearing, hearing aides or device, ear-aches, tubes in ears

Nose problems, nosebleeds, runny nose

Mouth, teething, gums, tongue, sores in mouth or on lips, mouth-breathing, snoring

Frequent sore throats or tonsillitis

Breathing problems, asthma, cough, croup

Heart, heart murmur

Stomach aches, upset stomach, colic, spitting up

Using toilet, toilet training, urinating

Bones, muscles, movement, pain with moving

Mobility, uses assistive equipment

Nervous system, headaches, seizures, or nervous habits (like twitches)

Needs special equipment. *Please describe:*

Allergies-My child has allergies (medicine, food, dust, mold, pollen, insects, animals, etc.).

Please describe:

Parent questions or comments for the health care provider:

Iowa Child Care Infant, Toddler, Preschool Age – Child Health Exam Form

HEALTH PROFESSIONAL COMPLETE THIS PAGE¹

Child's Name: _____

Birthdate: _____ Age today: _____

Date of Exam: _____

Height/Length: _____

Weight: _____

Head Circumference—for children age 2 yr and **under**: _____

Blood Pressure—start @ age 3 yr: _____

Hgb or Hct—anytime between 6-9 mo: _____

Blood Lead Level—start @ 12 mo: _____

Sensory Screening:

Vision: Right eye _____ Left eye _____

Hearing: Right ear _____ Left ear _____

Tympanometry (may attach results) _____

Developmental Screening²:

Developmental screening results: _____

Autism screening results: _____

Psychosocial/behavioral results: _____

Developmental Referral Made Today: Yes No

Exam Results: (*n* = normal limits) otherwise describe

HEENT

Oral/Teeth

Oral Health/Dental Referral Made Today: Yes No

Heart

Lungs

Stomach/Abdomen

Genitalia

Extremities, Joints, Muscles, Spine

Skin, Lymph Nodes

Neurological

Space is available on [back page](#) for detailed comments or instructions pertaining to enrollment at child care or preschool.

¹ Iowa Child Care Regulations require an admission physical exam report within the previous year. Annually thereafter, a statement of health condition signed by an approved health care provider. The American Academy of Pediatrics has recommendations for frequency of childhood preventative pediatric health care (RE9939, March 2000) www.aap.org

² Developmental screening procedures were expanded to include autism, developmental surveillance, and psychosocial/behavioral screening July 2009 by the Iowa EPSDT Medicaid program. Toll-free 800-383-3826.

Allergies

| |
|----------------|
| Environmental: |
| Medication: |
| Food: |
| Insects: |
| Other: |

Immunization: May attach a copy of Iowa Department of Public Health Immunization Certificate

| | |
|---------------------------------------|--------------|
| DtaP/DTP/Td | MMR |
| Hepatitis B | Pneumococcal |
| HIB | Varicella |
| Polio | Other |
| Influenza | |
| TB testing (only for high-risk child) | |

Medication: Health professional authorizes the child may receive the following medications while at child care or preschool: (include over-the-counter and prescribed)

| Medication Name | Dosage |
|--|--------|
| <input type="checkbox"/> Cough medication | |
| <input type="checkbox"/> Diaper crème: | |
| <input type="checkbox"/> Fever or Pain reliever: | |
| <input type="checkbox"/> Sunscreen: | |
| <input type="checkbox"/> Other | |

Other Medication should be listed with written instructions for use in child care.

Referrals made:

- Referred to **hawk-i** today 1-800-257-8563
- Other: _____

Health Provider Assessment Statement:

The child may participate in developmentally appropriate child care/preschool with **NO** health-related restrictions.

The child may participate in developmentally appropriate child care/preschool **with the following restrictions:**

| |
|--|
| May use stamp |
| Signature _____ Circle the Provider Credential Type: MD DO PA ARNP Address: _____ Telephone: _____ |

Health Care Provider comments or instructions:

Child's name: _____

Iowa Health Care Provider -- Guide to Iowa Recommendations for Preventive Pediatric Health Care³

| Health Provider's Guide | AGE ⁴ | | | | | | | | | | | | |
|--|------------------|------|------|------|------|-------|-------|-------|----------------|------|------|------|---|
| | 1 mo | 2 mo | 4 mo | 6 mo | 9 mo | 12 mo | 15 mo | 18 mo | 2 yr | 3 yr | 4 yr | 5 yr | |
| History: Initial and Interval | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Physical Exam | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Measurement: Height/ Weight | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Head Circumference | ● | ● | ● | ● | ● | ● | ● | ● | ● | | | | |
| Blood Pressure | | | | | | | | | | | ● | ● | ● |
| Nutrition Assess/Educate | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Oral Health Assessment⁵ | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Development and Behavioral Assessment | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Developmental Screening | | | | | ● | | | ● | | ● | | | |
| Autism Screening | | | | | | | | ● | ● | | | | |
| Developmental Surveillance | ● | ● | ● | ● | | ● | ● | | ● | | ● | ● | ● |
| Psychosocial/behavioral Assessment | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Sensory Screen: Vision | S | S | S | S | S | S | S | S | S | S | O | O | O |
| Hearing ⁶ | S | S | S | S | S | S | S | S | S | S | S | O | O |
| Immunizations: <i>per Iowa schedule⁷</i> | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Lab: Hemaglobinopathy/Metabolic Screen | ● ⁸ | | | | | | | | | | | | |
| Hematocrit or Hemoglobin | | | | | ● → | | ◆ | | | | | | → |
| Urinalysis | | | | | | | | | | | | | ● |
| Lead Test | | | | | | ● | | ◆ | ● ⁹ | ◆ | ◆ | ◆ | |
| Cholesterol Screen | | | | | | | | | ◆ | | | | → |
| TB test ¹⁰ | | | | | | ◆ | | | | | | | → |
| Family Guidance: Injury Prevention | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Child Car Seat Counseling | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Tricycle Helmet Counseling | | | | | | | | | ● | ● | ● | ● | |
| Sleep Position Counseling | ● | ● | ● | ● | ● | ● | | | | | | | |
| Nutrition & Physical Activity Counseling | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Violence Prevention | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Child Development Guidance | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 1 mo | 2 mo | 4 mo | 6 mo | 9 mo | 12 mo | 15 mo | 18 mo | 2 yr | 3 yr | 4 yr | 5 yr | |

Key: ● = to be performed
 ◆ = to be performed for high-risk children
 → = Range in which the task may be completed
 S = Subjective, by history
 O = Objective, by standard testing

³ The periodicity schedule was revised July 2009 by the Iowa Medicaid EPSDT program. http://www.idph.state.ia.us/hpcdp/epsdt_care_for_kids.asp

⁴ If a child comes under care for the first time at any point on the schedule, or if any items are not accomplished at the suggested age, the schedule should be brought up to date at the earliest possible time.

⁵ Oral Health Assessment consists of dental history; recent concerns, pain or injury; visual inspection of hard and soft tissues of oral cavity; and dental referral based on risk assessment. http://www.idph.state.ia.us/hpcdp/oral_health.asp or toll-free: 866-528-4020.

⁶ Infants born in Iowa should have record of results from newborn hearing screening. <http://www.idph.state.ia.us/iaehdi/default.asp> or toll-free 800-383-3826.

⁷ Iowa Immunization program 1-800-831-6293.

⁸ All newborns should receive metabolic screening during neonatal period. www.idph.state.ia.us/genetics

⁹ Lead testing should be done at 12 & 24 months. Testing may be done at additional times for children determined at risk.

Lead program 1-800-972-2026.

¹⁰ TB testing for only at-risk children, Iowa TB program 1-800-383-3826.